

**Professional Healthcare Educators**  
1286 Kalani St. B-204, Honolulu, Hawaii 96817 / Phone (808)847-3366



**PHYSICAL EXAMINATION**

PRINT Name: \_\_\_\_\_ Sex: M/ F Marital Status: \_\_\_\_  
Complete Address: \_\_\_\_\_  
Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_ Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_  
In case of emergency, please contact: \_\_\_\_\_ Relationship: \_\_\_\_\_

1. Have you been exposed to any communicable diseases that you know of lately? \_\_\_\_\_  
If yes, please describe/date. \_\_\_\_\_
2. Do you have any history of back pains, back surgery, leg pains, that would prohibit you from lifting, turning, or performing job description of a nursing assistant? \_\_\_\_\_  
\_\_\_\_\_
3. For Females: Do you think you could be pregnant? \_\_\_\_\_ If yes, LMP: \_\_\_\_\_ EDC: \_\_\_\_\_
4. Any history of depression or mental illness: \_\_\_\_\_  
If yes, please describe: \_\_\_\_\_
5. Any history of substance abuse, alcoholism, or violent behavior? \_\_\_\_\_  
If yes, please describe: \_\_\_\_\_

**TO BE COMPLETED BY PHYSICIAN OR A NURSE PRACTITIONER**

1. List medications you are taking, dosage, and reason.  
\_\_\_\_\_  
\_\_\_\_\_
2. Restrictions/pain/disabilities noted by the physician/nurse practitioner  
\_\_\_\_\_  
\_\_\_\_\_
3. Previous surgeries/date.  
\_\_\_\_\_  
\_\_\_\_\_
4. Physicians/nurse practitioner's findings.  
\_\_\_\_\_  
\_\_\_\_\_
5. TB Testing required. Should be current within 12 months.  
Date done: \_\_\_\_\_ Results: \_\_\_\_\_ CXR: \_\_\_\_\_

After examining the above patient, I hereby declare that he/she has no restrictions to perform the duties of a nursing assistant.

PHYSICIAN/NURSE PRACTITIONER: \_\_\_\_\_ DATE: \_\_\_\_\_

SIGNATURE: \_\_\_\_\_ CLINIC/OFFICE ADDRESS: \_\_\_\_\_

Please release copy of this physical exam to Professional Healthcare Educators

Print Name: \_\_\_\_\_ Signature: \_\_\_\_\_ Date: \_\_\_\_\_